



Group Benefits Designers, Inc.

Health ~ Dental ~ Vision ~ Life ~ Disability ~ Worksite

Has Spring Finally Sprung?

Hello GBD Family! We hope you are enjoying the spring weather and that 2019 has been productive thus far. We welcome you to our new quarterly newsletters, we hope you find them informational and entertaining!
~ The GBD Team

ERISA, Health Care Reform and ACA Compliance

Many employers do not fully understand the compliance requirements and documentation needed to survive a Department of Labor (DOL) audit. Some of these requirements apply to groups as small as two employees!

GBD, in partnership with TASC, invites you to attend a complimentary webinar to learn about these new enforcement programs applicable to ERISA and how we can help you avoid costly penalties by achieving and maintaining Plan compliance.

Topics Covered in the Webinar:

- ERISA regulations and requirements
- Are you at risk for an ERISA violation?
- How to get in compliance
- Increasing DOL audits and procedures

We will be offering TWO options for this complimentary Webinar.
Please utilize the link below to register for either option.

Monday, April 29th 2:00-3:00pm

[REGISTER HERE](#)

Friday May 3rd 10:00-11:00am

[REGISTER HERE](#)

Spring Gardening Tips

After a long, cold winter, the earliest signs of spring can create a lot of excitement. The first flower buds and sprouting leaves also inspire us to get started with work around the lawn, landscape, and garden.

Organize your spring chores with these basic ideas.

- Weed Control– Remove weeds that have sprouted over the winter and consider applying a crab grass preventer.
- Pruning- Good growth requires the removal of old material. Proper pruning improves the health and beauty of plants.
- New Planting- A new year is a great time for new plants. Choosing some plantings that will accent the house and your other plants can dramatically increase the value and curb appeal of your home, as well as providing a more beautiful backdrop for your daily life.

We thank our friends at [Campbell & Ferrara](#) for providing us with these simple tips to get our lawns and gardens ready for enjoyment!

If you would like more information or personalized information, please contact Butch Whitton.
703-354-6724 ext. 102

Don't let Spring fever put you on the sidelines!

With warmer weather and longer days, outdoor activities and sports participation increases. A rise in activity also can increase a rise in possible injuries. Help protect your employees from lost wages by offering Disability Insurance. Whether company paid or voluntary, disability insurance will help protect your employees and may even lower possible fraudulent workers comp claims! Interested? Reach out to Jessica for more information! jessicacavender@gbdinc.net

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